



## The Little Salon & Spa

**The Little Salon and Spa** is a cosy pine wood salon that offers a complete range of treatments for relaxation. Pamper yourself with any one of our body massages, body treatments, waxing, facials, manicure and pedicures, all offered by our experienced friendly team. We look forward to help you escape from the daily hustle and bustle of life. Sometimes slowing down is all you need!

### Body Massage

#### BODY SCRUB

40 mins..... £45.00

#### ABHYANGA INDIAN MASSAGE

75 mins..... £65.00

An Indian Ayurvedic massage using luke warm medicated oil and long gentle strokes which helps in detoxification, relaxes tense muscles and improves metabolism.

#### BALINESE MASSAGE

60/90 mins..... £58.00 • £75.00

A relaxing massage using combination of gentle stretches, acupressure and aromatherapy oils to stimulate the flow of blood and bring deep relaxation and wellness.

#### SWEDISH MASSAGE

60/90 mins..... £58.00 • £75.00

A soothing and comforting massage using full-handed strokes focusing on the stress areas of your body.

#### DEEP TISSUE MASSAGE

60/90 mins..... £60.00 • £77.00

A deep pressure massage which relieves muscular tension and balances energies for well-being.

#### HOT STONES MASSAGE

75 mins..... £70.00

The Scandinavian massage combines the healing method of stones and the ancient art of massage. The stone provide total energy to heal the body and soul.

#### BLACK SHEEP SIGNATURE MASSAGE

60/90 mins..... £70.00 • £85.00

A unique blend of East and West techniques. A Thai style massage with yoga stretches combined with relaxing aromatherapy to increase body flexibility & relax the mind.

### Quick Fix Massage

#### Face Massage

25 mins..... £15.00

#### Indian Head and Neck Massage with Steam

40 mins..... £43.00

#### Arms and Hand Massage

30 mins..... £25.00

#### Foot Reflexology

30 mins..... £43.00

#### Foot Reflexology with Stretching

45 mins..... £55.00

#### Back and Shoulder Massage

30 mins..... £35.00

#### Back and Shoulder Massage with Back Stretching

45 mins..... £45.00

#### Full Leg Massage

30 mins..... £40.00

#### Full Leg Massage with Leg Stretching

45 mins..... £48.00

### Threading

Eyebrows Tidy ..... £8.00

Upper Lip / Chin ..... £6.50

Upper Lip and Chin ..... £10.00

### Waxing

	Women	Men
Eyebrows Tidy .....	£10.50	
Forehead .....	£8.00	
Upperlip and Chin .....	£13.00	
Face/Neck .....	£17.50	
Underarms .....	£14.50	£17.00
Arms .....	£19.00	£23.00
Full Leg .....	£30.00	£35.00
Half Leg .....	£20.00	£23.00
Chest/Stomach/Lower Back .....	£17.00	£20.00
Full Back .....	£20.00	£24.00
Full Bikini .....	£35.00	
Bikini Line .....	£18.00	
G-String .....	£18.00	
Full Body .....	£150.00	

### Manicure & Pedicure

Manicure / Pedicure  
35/45 mins..... £32.00 • £38.00

Spa Manicure / Spa Pedicure  
50/60 mins..... £40.00 • £48.00

Additional with Paraffin Wax  
20 mins..... £26.00

Shape and Paint  
20 mins..... £16.00